

2008 - 2009 Schedule

Class	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Recommended Program
Pre-ballet 1/Age 3					4:15-5 KM			
Pre-ballet 2			3:45-4:30 MC				9-9:45 MC	1 Ballet class/week
Pre-ballet 3					4-5 MC		9:45-10:45 MC	1 Ballet class/week
Imagination In Motion Ages 3-4			11:15-12:15 GT					
Imagination In Motion Ages 4-6			10-11 GT					
Imagination in Motion Ages 5-6				1:15-2:15 GT				
Dance A Story Ages 3-4				11:15-12:15 GT				
Dance A Story Ages 4-6				10-11 GT				
Ballet A			4:30-5:30 MC	5-6 MC				1 Ballet class/week
Ballet A+				6-7 MC			10:45-11:45 MC	1 Ballet class/week
Ballet B			5:30-6:45 MC		5-6:15 MC			2 Ballet classes/week
Ballet B+		5:30-6:45 AS					9-10:15 AS	2 Ballet classes/week
Ballet C				4-5:30 AS		4-5:30 AS		2 Ballet classes/week
Ballet D		5:30-7 KM			5-6:30 KM		9-10:30 KM	See Requirements
Ballet D Pre Pointe					6:30-7 KM		10:30-11 KM	
Ballet E		4-5:30 KM		5:30-7 AS	5-6:30 AN		11-12:30 KM	See Requirements
Ballet E Pointe				7-7:30 AS			12:30-1 KM	
Ballet F		4-5:30 AS	3:30-5 KM		7:30-9 AN	3:30-5 KM	10:15-11:45 AS	See Requirements
Ballet F Pointe			5-5:30 KM			In above class	11:45-12:45 AS	
Company Rehearsal		7-9				5-7	1-TBA	Check Bulletin Board for schedule
Beg. /Int. Ballet Teen/Adult					6:30-8 CS			
Beg Modern Teen/Adult			5:30-7 CC					
C/D Modern			7-8 CC					
Adv. Modern		5:30-7 LN						
Modern Rep				7:30-9 CC				
C/D Character					4-5 AN			Co. Requirement
E/F Character					6:30-7:30 AN			Co. Requirement
Children's Tap Ages 8-12			8-9 CC					
Children's Jazz Ages 8-12							11:45-12:45 CS	Fall ONLY
Int. Jazz Ages 12-14			4-5:30 LU					
Adv. Jazz Teen/Adult			5:30-7 LU					
Hip-Hop 1 Ages 7-10				4-5 MB				
Hip-Hop 2 Ages 11-14		4:30-5:30 MB						
Youth Team	3:30-5 DG			4:30-6:30 DG				
Senior Team	5-7 BG			6:30-9 BG				
Open	7-9:30 BG							
Yoga			10-11 SB 11:15-12:15 SB					Three 9-wk sessions
Total Body Pilates		9:15-10:15 KS						Morning class
Natural Stretch		9:30-10:30 DB						Morning class
Body Sculpting			8:30-9:30 SC		8:30-9:30 SC			Morning class
Taste of Ballroom						7-8 SB		Three 9-wk sessions
Beginner Ballroom						8:15-9:15 SB		Three 9-wk sessions

KM- Krystin McClure
 AS- Andrea Sorcinelli
 AN- Alla Nikitina
 MC- Marylu Clark
 LU- Leslie Unger
 LN- Libby Nye
 CC- Cristin Cawley
 CS- Christine Sirois

BG- Beth Girard
 DG- Danielle Gaudette
 MB- Mackenzie Burdick
 DB- Dorothea Buchholz
 KS- Kim Stirtan
 GT- Gail Tittle
 SB- Sharyn Berman
 SC- Sue Cohen

Yoga session dates:
 1st 10/7-12/1
 2nd 1/6-3/3
 3rd 3/10-4/14 and
 4/28-5/12

Ballroom session dates:
 1st 10/3-10/24 and
 11/7-12/5
 2nd 1/9-3/6
 3rd 3/13-4/17 and
 5/1-5/15